

Passion From The Sea To You

Have you ever wondered?
How, When and Why?
Have you regretted not doing something
That you really wanted to do?

Have you had a passion inside of you?
That inner child wanting to escape,
And just do what you wanted to do?

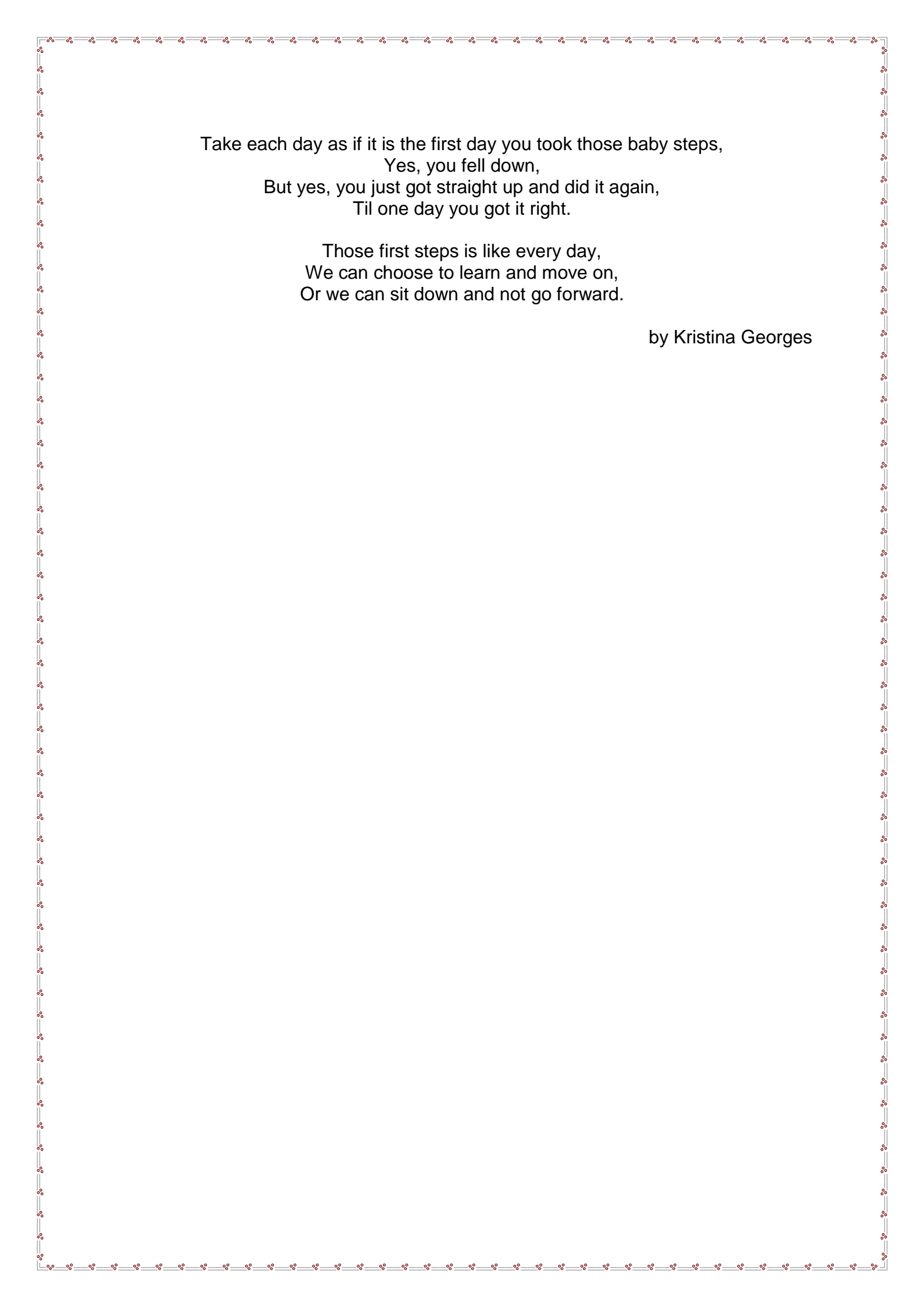
I did, I made a change,
I did what I wanted to do,
I went against all the odds and also the people who were close to me,
To become who I am.

I am Samies Girl.
People think there is more to the story,
Or thinking it was handed on a fishy platter,
What if there is
More than meets the eye?
Would you like to know?

Samies Girl has one other passion,
Opening the door to understanding our lives,
With coping with depression and other disorders,
Learning about alternative medicines,
Accepting ourselves for ourselves,
Becoming who we want to be and not what the world perceives us as.
Today's society of keeping up with everyone else,
High expectations of our everyday lives,
Keeping up with our friends in what they have and who they are.

My biggest motto is:
I am who I am
Nothing more and nothing less

One thing I have learnt,
With what I have been through
Emotionally, mentally and financially
My experience is for others to learn,
A text book in business
Can not show you this.
I take my experience as a favour from life itself,
Always be prepared for the unexpected,
Don't think it will never happen to you,
Don't think life is always perfect,
If your life is perfect,
You really haven't become wiser,
Passion is from the heart, not from the hole in your pocket.



Take each day as if it is the first day you took those baby steps,
Yes, you fell down,
But yes, you just got straight up and did it again,
Til one day you got it right.

Those first steps is like every day,
We can choose to learn and move on,
Or we can sit down and not go forward.

by Kristina Georges